

Increasing Nutrients in my Day - Made Easy

NingXia Red Slide Show Notes

Slide No	Notes
3	<ul style="list-style-type: none"> ●It all begins in 1993. ●When Gary Young was introduced to Ningxia Wolfberry through Dr. Cyrus McKell, a professor of Botany at Weber State University in Ogden. ●As a former Dean of the College of Science, Dr. McKell had become very close with a number of his colleagues in China. He then introduced Gary Young to Professor Songqiao Chao, a visiting professor from China on teaching assignment in the US. ●Professor Chao's area of expertise was geography, and he had authored a book on the subject. ●Here is a pic of them.
4	<ul style="list-style-type: none"> ●Professor Chao told Gary that there are Three Medicinal Herbs that were treasured by the Chinese. ●They are Ginseng, Green Tea and Wolfberry. ●Of these, the most revered through out Asia was the Ningxia Wolfberry; more benefits were ascribed to this fruit than any other natural ingredients found in China.
5	<ul style="list-style-type: none"> ●One of the most intriguing studies on the Ningxia Wolfberry during the last decade was conducted by researches at the Institute Medicinal Biotechnology at the Chinese Academy of Sciences in 2003. ●They found that just an eight-week treatment using supplemental Ningxia Wolfberry was able to reverse signs of aging by significantly lowering tissue levels of damaged proteins and increasing interleukin-2 levels. ●With over 15 percent protein by weight and one of the highest vitamin, mineral, and amino acid profiles of any food Gary had ever encountered, the wolfberry represents a breakthrough in nutritional medicine. It is more than just a berry or an herb; it is a hybrid between a food, vitamin, herb, and medicine, a superfood that represents the future of therapeutic nutrition.
6	<ul style="list-style-type: none"> ●Here is a map of Ningxia, ●It is a province in China bordering with inner Mongolia. ●The Yellow River runs through the province and the area is known for its Red Dates and Wolfberries. ●Gary went there and discovered that people who live around the Ningxia Hui Autonomous Regions in Northern China, About 500 miles south of Inner Mongolia, Ningxia is an arid, and austere region. ●Statistics from the Regional Health Bureau in Ningxia show that the area has over 16 times as many centenarians (100 years old) as the rest of China.
7	Here is a picture of the province
8	Amazing supplies of land and water

9	<ul style="list-style-type: none"> ●Gary Young visited Ningxia between 1998-2001, and was impressed by the hearty vitality exhibited by the elderly folk in the Ningxia Hui Villages. ●With a population of about 4000, Najiahu boasted size centenarians, according to the village elder. Their ages ranged from 104 to 108, Moreover, there were more than 400 people over the age of 70.
10	<ul style="list-style-type: none"> ●Wolfberries are laid on the tarp to dry. ●Never sprayed with nitrate or Red Dyes.
11	Wolfberry trees
16	Being washed
18	Puree of the whole fruit, not just the juice
19	<ul style="list-style-type: none"> ●All Wolfberries are pureed and sent to the US, and packages into bottles with essential oils in the US. ●Seed to Seal Guarantee is a big deal especially with a superfood that is infuse with essential oils. ●You want to make sure there is no pesticides, and the products is at it's best for us to consume.
20	<ul style="list-style-type: none"> ●(Read Slide). ●This is where you can add more information if the setting of your class is not public. You can study the many nutrients and benefits from Gary Young's Book "Ningxia Wolfberry" by ESP Essential Science Publishing. ●Proprietary NingXia Red Blend 29g Ningxia Wolfberry Puree (Lycium barbarum) ●Blueberry Juice Concentrate (Vaccinium corymbosum) ●Plum Juice Concentrate (Prunus domestica) ●Cherry Juice Concentrate (Prunus avium) ●Aronia Juice Concentrate (Aronia melanocarpa) ●Pomegranate Juice Concentrate (Punica granatum) ●Proprietary Essential blend 50mg Grape (Vitis vinifera) seed extract ●Orange EO (Citrus sinensis) ●Yuzu EO (Citrus junos) ●Lemon EO (Citrus limon) ●Tangerine EO (Citrus reticulata) ●Other ingredients: Tartaric acid, natural blueberry flavor, pure vanilla extract, malic acid, pectin, sodium benzoate/natural stevia extract. <p>●Supplement Facts: Serving Size: 1 fl ounce (29.5 ml) Servings per container: About 25 Calories: 15 Total Carbohydrates: 3 g Dietary Fibre: <1g Sugars: 2 g Sodium: 15 mg</p>
21	<ul style="list-style-type: none"> ●Note the high ORAC reading of 303. ●Take an oz a day is equivalent to eating the following (read slide)

22	What is ORAC (read slide) and compared the ORAC of dried Ningxia Wolfberry to the others
23	<ul style="list-style-type: none">●Read slide. Be careful not to make claims connecting to Ningxia Red YL.●This slide is showing a report and leave it as it is. Stay compliant.
24	<ul style="list-style-type: none">●Go through the next few slides with these simple recipes.●They can take pictures of the recipes. (or you can prepare a handout ahead of time).
29	Getting started with a wholesale membership with the NingXia Red bundle is a cost effective way to get started.
30	The most cost effective way to buy NingXia Red is to start making monthly orders on Essential Rewards and order the Ningxia Red Essential Rewards kit!